

MINIMAS PARA LAS PRUEBAS DE MEDIO FONDO Y FONDO DE LA LIGA ESCOLAR

MUTILAK				25 M	NESKAK			
2016	2015	2014	2013		2013	2014	2015	2016
1:41:00	1:33:00	1:28:00	1:24:00	100 LIBRE	1:21:00	1:25:00	1:31:00	1:39:00
3:53:00	3:30:00	3:15:00	3:07:00	200 LIBRE	3:00:00	3:08:00	3:22:00	3:46:00
8:17:00	7:27:00	6:50:00	6:34:00	400 LIBRE	6:22:00	6:38:00	7:14:00	7:58:00
		14:00:00	13:28:00	800 LIBRE	13:03:00	13:35:00		
		1:41:00	1:37:00	100 ESTILOS	1:36:00	1:39:00		
		3:37:00	3:29:00	200 ESTILOS	3:26:00	3:34:00		
		7:42:00	7:26:00	400 ESTILOS	7:19:00	7:35:00		

MUTILAK				50 M	NESKAK			
2016	2015	2014	2013		2013	2014	2015	2016
1:44:00	1:36:00	1:31:00	1:27:00	100 LIBRE	1:24:00	1:28:00	1:34:00	1:42:00
3:59:00	3:36:00	3:21:00	3:13:00	200 LIBRE	3:04:00	3:12:00	3:26:00	3:50:00
8:31:00	7:41:00	7:03:00	6:47:00	400 LIBRE	6:31:00	6:47:00	7:24:00	8:08:00
		14:19:00	13:47:00	800 LIBRE	13:15:00	13:47:00		
		3:46:00	3:38:00	200 ESTILOS	3:34:00	3:42:00		
		7:55:00	7:39:00	400 ESTILOS	7:34:00	7:50:00		